

Michelle Champion

BSocSc(Psych)Hons MSocSc(Psych), PGTCLinHyp

Registered Psychologist & Clinical Hypnotist



About Michelle Champion

Michelle is a Registered Psychologist and Clinical Hypnotist. Her style is warm and focused, non-judgemental, and compassionate and she is dedicated to helping people improve their psychological wellbeing and achieve their lifestyle goals.

With a curiosity for trauma, Michelle began her career, whilst at university, working in a psychiatric hospital for eight years. She then moved from New Zealand to Australia in 2016 to register as a general psychologist with AHPRA and further her trauma focused speciality by working with traumatised youth, as well as working in various private practices treating a variety of presentations.

Michelle's career has turned to understanding the power of the subconscious mind, its power over thoughts, mood, behaviour, coping, and personality. She has recently completed post graduate training in clinical hypnosis with the Australian Society of Hypnosis.

Michelle can assist clients with a range of problems, and she also has experience with risk, emergency services, and conducting NDIS assessments and applications. Michelle is currently studying pain, EFT, and EMDR.

Practice & Operating Locations

Michelle Champion is now accepting new patients. Her consulting rooms are located within the Specialist Network Suites in Benowa.

Specialist Network

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